



# **Tres Dias**      *For The Person Interested in Attending*

## **The Purpose of Tres Dias**

**Tres Dias** is an adult weekend which aims to concentrate closely on the person and teachings of Jesus Christ. While **Tres Dias** explores the basic Christian beliefs, it is best described as a spiritual encounter with Christ. Many who have attended weekend have experienced a deeper and more meaningful relationship with Christ as they sense His love in a dynamic way.

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## **What Happens on a Tres Dias Weekend?**

The Spanish words "**Tres Dias**" mean "Three Days." **Tres Dias** begins on a Thursday evening and ends the following Sunday evening.

The **Tres Dias** team leading the weekend is composed of former attendees of **Tres Dias** or a similar weekend like Cursillo (ker-see-yo) who have volunteered their time for weeks of preparation by working and praying together as a unit.

There is presented in the Three Days the basics of the Christian life and the meaning of living the Christian ideal and its application in our daily lives.

**Tres Dias** is centered around lay and clergy talks. Each talk is discussed by table groups. Interchange that develops in these discussions makes Christ's teachings come alive.

The basic atmosphere of **Tres Dias** is one of love, joy, Christian fellowship, singing, laughing and worship. **Tres Dias** makes future Christian experiences more fruitful because of the zestful seasoning it brings to all Christian living.

**Tres Dias** can be made only once in a lifetime, therefore, it is not a substitute for a retreat nor does it have the individual solitude of a retreat.

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## **Who Should Attend A Tres Dias Weekend?**

Just as Christ meets you at your point of need, so **Tres Dias** is designed for those who desire to be strengthened in their faith and be brought closer to Christ in their discipleship. **Tres Dias** is an ecumenical movement open to any Christians who are interested in deepening their walk with the Lord.

All adults, age 21 and older, are welcome to attend the weekend. There are weekends for men and weekends for women. If you are married, it is preferred to have the husband attend first. Wives usually attend a week later. Each attendee must be sponsored by someone who has previously attended a **Tres Dias** or Cursillo-type adult weekend.

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## **The History of Tres Dias**

**Tres Dias** was derived from Cusillo de Christianidad a "short course in Christianity" which has been an active tool of church renewal since its beginnings in Spain in 1949.

**Tres Dias** was started in America in 1972 and it is an ecumenical movement (nondenominational), now overseen by a national organization of laity and clergy. Individual weekends are sponsored and coordinated by local chapters which have been chartered by the national organization.

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## **The Fourth Day**

One's life after **Tres Dias** is called the Fourth Day. Following **Tres Dias** a person is able to expand his or her own spiritual life and become a more active disciple of Christ in the world and in the church. During this time perseverance is important. Perseverance is enhanced after the Three Days through contact with the **Tres Dias** community and action in your own church body. This contact is available regularly as a means for growth. Also, reunions of smaller groups within the local church are encouraged so that the participants may help one another in living the Christian life.